



A Letter from the Superintendent, Greg Hughes

One of our highest priorities is ensuring the health and safety of our community. We do this in a multitude of ways and recently we have been working with the students and teachers on refining some of our emergency drills.

Last week we practiced the school's fire drill, and as a whole it was excellently done. The students and teachers took the drill seriously and we made very good time in terms of evacuating the buildings, double checking to see that all were vacant, lining up at our designated assembly point and finally accounting for every teacher, student and worker. While drills such as this seem rather simple they require a lot of planning and, more importantly, they require cooperation from everyone.

We also had time to successfully practice our lock-down drill. The lock-down drill is used to practice our responses to emergency situations such as an armed intruder entering our campus or a dangerous situation developing outside the school gates. Once more our school population did an outstanding job and while it is highly unlikely this drill will ever be called into effect in real life, it is gratifying for most parents to know that we are prepared.

Additionally, our friends from the United Nations also helped us prepare for emergencies by allowing one of their experts in the area of fire safety, Mr. Amith, to come and visit the school and give our teachers some training on dealing with fire extinguishers. His presentation was not only informative and engaging, it also touched on the practical elements in case of a fire. His presentation was so good we have invited him back on Sunday, the 7th of November, at 11:00am where he will view our fire drill in action, give us some expert feedback and then also give our students a similar presentation that the teachers experienced.

On the issue of health, I would like to mention that the change in season has meant that several of our students and teachers have been ill with colds and flu. We strongly advise any member of our school who is feeling unwell with these symptoms to rest and convalesce at home. While not serious it is important that we do not spread these minor illnesses throughout the school.

On a more serious note I have word of some incidents of typhoid being reported in Khartoum. Parents please seek medical advice if you see the following symptoms: nausea, diarrhea, fever lethargy, general body aches and pains and vomiting.

As you are no doubt aware, our school has a fully qualified nurse on hand every day, Ms. Aleli. She is loved by the students for her expertise, her kind nature and her wonderful bedside care. She is also an excellent resource for parents and she is more than happy to give practical advice on any health issues. She also has a great network of medical people who she could guide parents to for more serious matters. I would encourage parents to speak with her should your child or someone else in your family feel unwell.

Like any organization we spend a lot of time planning for "good things" to happen, but also spend a lot time planning to deal with any issues that could negatively impact our school. Each week I find new superlatives to describe KAS and as you can see; safe, caring and prepared are also words that we can associate with pride to our school.

How can I tell how well my child is doing in school?

- Ask your child to show you her school work, and note any comments made by the teacher.
- Check report cards carefully for teacher comments, attendance, and conduct. Ask the teacher or the learning center for other kinds of information about your child's performance, such as teacher observations.
- Find out if your child's teacher uses email or moodle to communicate with parents. Using email will allow you to send and receive messages at times that are most convenient for you.
- Ask teachers to show you examples of successful work and compare it you your child's work. Listen to the teacher's comments about your child's work and what he needs to do to improve. Plan with the teacher how you can work together to help your child do better work.
- Attend parent-teacher conferences that are scheduled during the year.

What's for Breakfast?... - Books!

The students in the 6th grade ESL class celebrate reading in a very special way. As we move through the chapters of "Hatchet" by Gary Paulsen, the students are taking turns to bring food from their native countries, which include Malaysia, Egypt, and Japan. Every week, after we read aloud and/or independently, we all sit and enjoy this delicious "Book Breakfast."

Special thanks to the families of these voracious readers for turning reading into such a feast!

Mr. Sanchez

Attention **All** students! **Soccer** season is starting after the Eid break in November.

There will be a **Mandatory** informational and sign-up meeting in the PE room at lunch (12:00pm) on **Tuesday**, **November 9th** to all interested players from grades 4-12. If you cannot make this meeting, please see Mrs. Paar in advance for any information you will miss at the meeting. Permission forms will be handed out at the meeting. The permission forms are due by Thursday, November 11th. **No permission forms = no practice = no games**.



Basketball Update

All the KAS teams have made it through to the Semi-Finals this week and all of their first round games were played at KAS. The U14 boys were all set to play on Monday against BES, but they did not show for the game. This advanced KAS to play against UHS on Tuesday. The boys played well in their last game, but in the end lost to Unity.

The U19 boys played against BES on Tuesday. The boys continued their unbeaten streak beating BES 36-11 to advance to the finals against KICS next week to be held at KICS 3:15pm on Tuesday, November 9th. Once again, Gerald came through with a big game scoring 19 points and pulling down 9 rebounds. Hussein also had a good game and showed poise and determination throughout the game.

On Wednesday, the U19 girls team played KICS at home and came out playing strong in the 1st quarter, but let KICS score too many baskets in the 2nd quarter to catch up. The girls had the determination during the second half and out scored KICS 13 to 4, but it was not enough in the end and the girls lost 20-22 to give them 3rd place for the season.

The U11 boys' team came in 3rd place in the basketball season this year. Your KAS team was represented by Grade 5: Bashir El-nefeidi, Hamada Gamil, Mohamed Ibrahim, MJ Ibrahim, Mamoun Ismail, Moses Lominyo, Jairus Quizon, Grade 4: Mohanad Abdalmanem, Ali Ahmar, Chol Atout, Gianandrea Face, and Branislav Grkovic. Great efforts for this season boys!

Adult After School Sports Update

There have been changes to the schedule for Adult Sports at KAS and are listed below. Reminder, all KAS community members are welcome to come and play, but **all** students **must** be accompanied by an adult family member to be allowed access by the guards at the gate to the games each night. Thank you for your cooperation and understanding in this matter.

- Sundays Volleyball and Soccer
- Mondays Basketball
- Tuesdays Ultimate Frisbee
- Wednesdays Touch Rugby



Gate opens at 5:00pm and games will start around 5:30pm due to it getting darker earlier. All games should be finished by 7:00pm. Please remember to keep KAS litter free and keep track of your personal belongings. There is a 5 SDG fee for all non-KAS members. Parents and students of KAS do not have to pay the fee.

Tennis Tournaments at KICS

Do you play tennis? Would you like to compete for KAS in a tournament held by KICS?

Thursday, November 11th will be for students in Elementary, U9 and U11. On Thursday, November 25th there will be another tournament for students in Middle and High School, U14 and U19. Please contact Mrs. Paar for more details.

The student council has decided to hold spirit week!

It will be next week as follows:

Sunday - Pajama Day

Monday - Mismatch/Crazy Hair Day

Tuesday - Nerd Day

Wednesday - Gangster Day (Thug or Capone)/Career Day for Elementary students

Thursday - Superhero Day

Posters will be going up today. We need your help! Please get the word out to your students so everyone can participate. Thank you.

P.S. Members of faculty are encouraged to participate.

News from the School Board

School hours survey

After reviewing the school hour survey results the School Board has decided the school hours will not change.

Board Members

Seeking new board members. Please contact Greg Hughes at ghughes@krtams.org for more information.



Parent Teacher Association Events Schedule		
November	Parent Dance	
December	Auction	
March	Garage Sale	
April	Nile trip	
Specific dates to be announced For more information please contact pta@krtams.org		

How is typhoid fever spread?

Salmonella Typhi live only in humans, and are carried in the bloodstream and intestinal tracts of people who have typhoid fever. Some people recover from typhoid fever but will continue to carry the bacteria.

Both the carriers and the people who have active typhoid fever shed S. typhoid in their stools. Typhoid fever is spread by consuming food or beverages that have been handled by a person who has S. Typhi bacteria or if the sewage contaminated with S. Typhi bacteria sets into the water used for drinking or washing food.

What are the symptoms of typhoid fever?

When the S. Typhi bacteria are consumed, they multiply and spread into the bloodstream. The body reacts with signs and symptoms such as:

- A sustained fever as high as 104F (39 to 40C)
- Weakness
- Stomach pains
- Headache
- Loss of appetite
- Diarrhea
- Sometimes a rash of flat, rose-colored spots

The symptoms of typhoid may resemble other medical condition or problem.

How is typhoid fever diagnosed?

By using a blood test or stool sample to determine the presence of Salmonella Typhi Bacteria.

How can typhoid be prevented?

A vaccination for typhoid fever is available, but looses the effectiveness after several years. A booster vaccination may be necessary.

Preventative care:

1. Wash your hands thoroughly after using the bathroom.

Dates to Remember		
December 17, 2010 - January 15, 2011	Winter Break	
Tuesday, November 9th, 2010	Soccer Sign Up	
Thursday, November 11th, 2010	Elementary Tennis Tournament	
Thursday, November 25th, 2010	MS/HS Tennis Tournament	

- 2. Use water that has been boiled or chemically disinfected for
 - Drinking, or preparing coffee, tea, ect
 - Brushing teeth
 - Washing face and hands
 - Washing fruits and vegetables
 - Washing eating utensils, and food preparation equipment
 - Washing the surface of tins, cans, and bottle that contain food or beverages
- 3. Do not eat food or beverages with unknown sources (any raw food could be contaminated).
 - Fruits, veggies, green salads
 - Unpasteurized milk products
 - Raw meat
 - Shell fish and fish caught in tropical reefs
- 4. Taking antibiotics is not a preventive for typhoid fever.

Guest Readers Wanted!

We are looking for readers to read to our Elementary students at our morning assembly.

Our morning assembly is on Tuesdays at 7:15

If you are interested contact Hannah on hjones@krtams.org to arrange your reading day.

Wanted

Substitute Teachers Part-time French Teacher

Please submit your curriculum vitae by email to kas@krtams.org. We will only accept applications by email.

Designed by Mr. Brodie | Please email kas@krtams.org to receive a digital copy of Enews and more information, subject: newsletter.